

# Fin Henri Lecluyse: Session: 1: COACH evaluation sheet for TEAM: RZV

Coachinfo: Warming up from: 13:30 until 14:20. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Van Holder Ann HEADCOACH

Coaches: Houthoofd Ludovic

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

**Event number: 4: 100M MEDLEY MEN 11+ Heat:3, starttime: 14:59**

**Heat: 3/7 Lane : 3 Athlete: HAVRIN LIAM Q-time: 01:22:04**

**PB (25m pool): 01:22.04 Diksmuide 08/02/2026 PB (50m pool): no time SB: 01:22.04 Diksmuide 08/02/2026**

	25 M	50 M	75 M	100 M	
PB		00:39.41		01:22.04	
	00:39.41		00:42.63		
	.....	.....	.....	.....	

Coach feedback:

**Event number: 4: 100M MEDLEY MEN 11+ Heat:4, starttime: 15:01**

**Heat: 4/7 Lane : 1 Athlete: HOUTHOOFD THIBAUD Q-time: 01:18:41**

**PB (25m pool): 01:18.41 Liedekerke 11/11/2025 PB (50m pool): no time SB: 01:18.41 Liedekerke 11/11/2025**

	25 M	50 M	75 M	100 M	
PB		no time		01:18.41	
	no time				
	.....	.....	.....	.....	

Coach feedback:

**Event number: 7: 100M FREESTYLE MEN 11+ Heat:1, starttime: 15:26**

**Heat: 1/7 Lane : 4 Athlete: HAVRIN LIAM Q-time: 01:16:62**

**PB (25m pool): 01:16.62 Diksmuide 12/10/2025 PB (50m pool): 01:13.25 SB: 01:16.62 Diksmuide 12/10/2025**

	25 M	50 M	75 M	100 M	
PB		00:37.48		01:16.62	
	00:37.48		00:39.14		
	.....	.....	.....	.....	

Coach feedback:

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<b>Event number: 7: 100M FREESTYLE MEN 11+</b>				<b>Heat:3, starttime: 15:30</b>	
<b>Heat: 3/7 Lane : 6 Athlete: HOUTHOOFD THIBAUD</b>				<b>Q-time: 01:09:62</b>	
PB (25m pool): 01:09.62 Temse 17/11/2025			PB (50m pool): 01:15.29 SB: 01:09.62 Temse 17/11/2025		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:33.03		01:09.62	
	00:33.03		00:36.59		
	.....	.....	.....	.....	

Coach feedback:

<b>Event number: 12: 100M BACKSTROKE MEN 11+</b>				<b>Heat:4, starttime: 16:29</b>	
<b>Heat: 4/4 Lane : 1 Athlete: HOUTHOOFD THIBAUD</b>				<b>Q-time: 01:10:71</b>	
PB (25m pool): 01:10.71 Menen 01/05/2026			PB (50m pool): 01:12.20 SB: 01:10.71 Menen 01/05/2026		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:34.40		01:10.71	
	00:34.40		00:36.31		
	.....	.....	.....	.....	

Coach feedback:

<b>Event number: 14: 100M BUTTERFLY MEN 11+</b>				<b>Heat:1, starttime: 16:34</b>	
<b>Heat: 1/2 Lane : 6 Athlete: HAVRIN LIAM</b>				<b>Q-time: 01:29:68</b>	
PB (25m pool): 01:29.68 Diksmuide 12/10/2025			PB (50m pool): 01:18.96 SB: 01:29.68 Diksmuide 12/10/2025		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:40.49		01:29.68	
	00:40.49		00:49.19		
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Coach feedback: